



Margaret Johnson

Ideal Training, Inc.

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Biography

Margaret Johnson is a consultant and coach with an engineering degree and an MBA with technical, sales, marketing, training and management experience in the energy industry. Since starting Ideal Training 16 years ago, she has been recognized for her ability to manage business processes to completion, inspire and motivate personnel through coaching and training to develop and achieve goals, build and leverage internal and external relationships to achieve objectives, and drive innovation and change utilizing creative techniques to solve problems.

Margaret holds a Bachelor of Science degree in Mechanical Engineering from Michigan State and a Master's degree in Business Administration in Management from the University of Houston Clear Lake.

As President of Ideal Training, Inc. she develops and presents training and coaches professionals with a focus on Creativity and Risk Taking. She is an avid indoor cycling and yoga instructor. She applies creativity and encourages risk taking to assist clients in solving problems and opening doors, and to keep her classes engaging.

Classes Currently Offered

Confront It, Don't Ignore It - Determine what you want out of an interaction and examine the risk of taking action and not taking action. Discuss the possibilities for the behaviors and reactions in situations and formulate plans for action for themselves and other individuals involved.

Getting to the Root of the Problem - Examine interpersonal relationships as well as business processes and procedures to determine the root cause of problems and issues. Learn and practice problem solving techniques to apply to all work concerns and develop plans of action for resolution.

Influencing Positive Change - Identify and practice behaviors that lead to positive change in yourself and others and learn how to apply strategies that influence both thoughts and actions. Discover sources of influence to be utilized for change and learn how to implement these new skills to influence positive change in the work environment.

Let's Be the One to Get It Done (Motivating Ourselves and Others) - Determine the events and behaviors that get in the way of getting things done. Examine what motivates you and work to eliminate or minimize de-motivating behaviors. Participants will make a plan to empower themselves and others to get work done effectively and efficiently.

Mind Stretchers – Critical Thinking Skills for Every Day Life - Define critical thinking and describe the basic competencies for steps in decision making. Evaluate arguments, assumptions, and patterns in the thinking process to apply methods and remove hindrances to effective critical thinking. Develop an action plan to incorporate the new skills back on the job.

The Glass is Half Full! Shifting Perception to Achieve Results - Examine your thinking patterns and learn to look for opportunities rather than problems, strengths more than weaknesses, and what can be done instead of what can't. Identify those areas of negativity and change the way you see yourselves, others, and situations, while practicing practical applications.